



Sports Medicine Concepts, Inc. Concussion Management Specialist Program
Enhanced Vestibular/Ocular-Motor Screen for Concussion

		Headache 0-10	Dizziness 0-10	Nausea 0-10	Fogginess 0-10	Comments
Baseline Symptoms:						
1. Ocular Motor/Vestibular-Ocular						
Smooth Pursuits _____	N / ABN					<p style="text-align: right;">Near Point in CM</p> Measure 1: _____ Measure 2: _____ Measure 3: _____
Horizontal Saccades _____	N / ABN					
Vertical Saccades _____	N / ABN					
Horizontal VOR _____	N / ABN					
Vertical VOR _____	N / ABN					
Visual Motion Sensitivity _____	N / ABN					
Convergence (Near Point) _____	N / ABN					
2. Balance Screen						
Romberg Eyes Open <30 sec or unsteady-----	N / ABN					
Romberg Eyes Closed <30 sec or unsteady -----	N / ABN					
Tandem Romberg Eyes Open <30 sec or unsteady -----	N / ABN					
Tandem Romberg Eyes Closed <30 sec or unsteady -----	N / ABN					
Compliant Foam Eyes Open <30 sec or unsteady -----	N / ABN					
Compliant Foam Eyes Closed <30 sec or unsteady -----	N / ABN					
Tandem Gait unsteady -----	N / ABN					
3. Balance Error Score (BESS)						
	Hard/Foam					
Double-leg Stance -----	___ / ___					
Single-Leg Stance -----	___ / ___					
Tandem-Leg Stance -----	___ / ___					
Double-leg Compliant Foam -----	___ / ___					
Single-leg Compliant Foam -----	___ / ___					
Tandem Compliant Foam -----	___ / ___					
Foot tested (non-dominant): <input type="checkbox"/> Left <input type="checkbox"/> Right						

Instructions

If baseline information is available, record the information in the appropriate column. After completing each test record if the results of the test were (N)ormal or (ABN)ormal in the appropriate column. After completing each test, record headache, dizziness, nausea, and foginess ratings.

Interpretation

Abnormal findings within the Ocular Motor/Vestibular-Ocular test category may indicate the possibility of a central vestibular disorder. An abnormal Near Point test may be indicated by recording double vision at ≥ 6 cm. Abnormality on any Balance Screen or BESS item may suggest a balance disorder. When baseline BESS scores are not available the test results may be compared to normative data.

